

## RMB Newsletter Vol 4:3 Food & Medicine: Raw meaty bones for dogs May 2004

Dear Reader,

Let food be thine medicine, recommended Hypocrates 500 years BC. Now, two-and-a-half thousand years later, we are told we must throw the staple food -- and medicine -- of dogs in the bin (London newspaper article below).

How could it be that for thousands of years we ignored Hypocrates' injunction and treated food and medicine as two separate entities?

For much of that two-and-a-half thousand years we did accept that dogs thrive on bones - but I don't remember seeing anywhere the suggestion that (raw meaty) bones are medicinal. Now European Union (EU) bureaucrats have decided that bones are not even a food source and should be chucked in the bin.

One day the full enormity of the blunder will be understood and the faceless faces of the men in Brussels will be covered in egg. There are parallels with the flat earth/round earth debate. Early Greeks believed the Earth to be round. But that core understanding, upon which we base modern communications, transportation, forecasting, mapping and just about the entire scientific gamut was lost or disputed for a further one-and-a-half thousand years.

But to be fair to the Brussels bureaucrats they are only responsible for the final blunder. The rot, both actual and metaphorical, set in when we employed reductionist language - when we created two separate categories for food and medicine. And thanks to the efforts of the junk pet food industry, the veterinary schools and veterinary 'profession' bones have been labeled, not as food but, as hazards. After more than fifty years of demonisation the humble but essential bone has been defined as waste. Chances are the bureaucrats thought they were doing the logically correct thing. They probably thought that they were cleaning up a last, lingering anomaly for the betterment of the community.

If you are long-time reader of this newsletter you know that for bones to be fully nutritious they need to be raw and meaty. That's the way dogs and other carnivores get their essential range of nutrients. For the raw meaty bones (better still whole raw carcasses) to exert their full medicinal effects they need to be in large pieces requiring lots of ripping and tearing - and thus the cleaning of the teeth and massaging of the gums.

The alternative, either actively or passively promoted by the consortium of junk pet food makers, vets and now Brussels bureaucrats, is to feed dogs and other carnivores on factory-made concoctions. These products of the dark satanic mills are barely nutritious and definitely not medicinal - in fact they poison a majority of the world's pets.

Poisoning occurs in broadly three different ways:

- 1.) Soft canned foods and grain-based biscuits fail to clean teeth thus giving rise to chronic oral disease and resultant production of toxins, circulating bacteria and inflammatory chemicals - all of which are triggers for systemic disease.

2.) Cooked carbohydrates, proteins and fats are toxic in differing degrees. Chemical colourants, preservatives and additives are all toxic in varying degrees. Absorption into the circulation through the small intestine of this range of toxins adversely affects several body systems.

3.) Poorly digested grains support a large population of colonic toxin producing bacteria. Local reactions of the toxins on the bowel lining and absorption of the toxins affect several body systems.

Raw meaty bones, then, are the essential food and medicine of carnivores. Whilst this is clearly of interest to dogs, cats, ferrets and their owners, there are many other implications too.

Carnivores live at the extreme end of the nutritional spectrum where they use their teeth to pull down, kill and consume the carcasses of other animals - animals which may be much larger than themselves. I don't recommend that you run up to the next cow you see, sink your teeth into its leg and expect to be instantly healthy. What I do recommend, though, is for us as a society and medical researchers in particular, to study the range of diseases that are cured and prevented in carnivores when they eat their natural diets. Once the mechanisms and the biochemical and physiological pathways are better understood we should be able to reapply that information for the betterment of people - omnivores in the middle of the nutritional spectrum. (Some of the best, most rewarding scientific research is performed at the extreme ends of spectra.)

Over the past hundred years we've seen a procession of 'miracle cures' - Penicillin, corticosteroids, Thalidomide and the list goes on. In fact few of the 'cures' have come without unwanted side-effects. Most have had limited curative potential and their disease prevention capabilities have been close to nil.

By contrast, in carnivores, raw meaty bones are virtually side-effect free; can cure gum disease, skin disease, joint disease, bowel disease, and etcetera. They can help ward-off flea infestations and raw fed dogs are better behaved and easier to train. On the disease prevention scale, raw meaty bones and whole carcasses are peerless.

There are many miracle tales of wonder cures and miracle preventions associated with the feeding of raw carcasses and raw meaty bones. One story I heard recently can serve to illustrate. An old client of mine, with whom I'd lost contact, told me of her experiences. Fifteen years ago she was spending \$1000 a month on vet bills for her kennel of rough collies. Under pressure from me, and backed up by her husband, she relented and switched her dogs to a raw meaty bones based diet. In the ensuing fifteen years, except for two bouts of constipation in a dog fed brisket bones, the client has not needed the vet at all.

Below is the EU Bone Ban article reproduced from the London Evening Standard newspaper and contact details for British Members of Parliament and various media organisations.

The EU should lift the ban and take a lead. They should provide official encouragement for butchers to supply raw meaty bones -- not throw them in the bin. Please make use of all or any part of this newsletter if it helps you to persuade the relevant authorities. Butchers, journalists, doctors, farmers, teachers and a long line of professions could potentially make use of this information.

Wishing you and your pets the best of good health,

Tom Lonsdale

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<http://www.thisislondon.co.uk/news/articles/10984387?source=Evening%20Standard>

EU BANS GIVING BONES TO DOG OWNERS By Nigel Rosser, Evening Standard 26 May 2004

Butchers are being threatened with fines if they give bones away to dog owners. They are being sent letters telling them that a new European directive bans the traditional practice. In future, Britain's 10,000 butchers will have to pay for the bones to be incinerated rather than hand them free to customers for their pets. The Department for the Environment, Food and Rural Affairs today confirmed the Brussels ban. It said the bones are now considered "waste" which must be properly disposed of.

A spokesman said: "Customers can take bones away with them when they buy the deboned meat if it is for human consumption. "But if the bone is waste or for pet food then it's a byproduct - and cannot be passed to the public."

Aberystwyth butcher Aled Morgan, 35, one of the first to receive a warning letter, said: "I just don't see where the EU is coming from. It's just going to cost butchers at least £2,000 a year." Local dog owner Martin Swanson, 32, said: "It seems to me to be another barmy EU directive."

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Contact details for Members of the British Parliament at:

<http://www.parliament.uk/directories/directories.cfm>

British Members of the European Parliament at:

<http://vox.org.uk/MEPMail.htm>

British Media:

<http://www.wrx.zen.co.uk/britnews.htm>

Please forward copies of correspondence with Members of Parliament (in particular the Prime Minister and other ministers) for publication in future RMB Newsletters.

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RAW MEATY BONES SEMINARS -- 2004

United Kingdom

19 June -- Brighton

1 July -- Essex

3 July -- York

USA

29 July -- dogTEC, San Francisco Bay Area

31 July -- Marin County Humane Society, San Francisco Bay Area

Booking details at [www.rawmeatybones.com](http://www.rawmeatybones.com) Looking forward to seeing you there.

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We welcome copies of correspondence/emails/faxes for possible inclusion in future RMB Newsletters.

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