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Work Wonders: Feed your dog raw meaty bones

By Tom Lonsdale

This is an easy-to-understand guide book on pet care from Australian veterinarian Tom Lonsdale, which follows on the heels of his more in-depth book Raw Meaty Bones: Promote Health (2001; see review in NEXUS 12/03). Dr Lonsdale is a convert to referring to the workings of nature and feeding carnivorous dogs and cats with primarily raw meaty bones and carcasses, a few table scraps and occasional organ meats. This means avoiding commercially processed and grain-based pet foods.

Dr Lonsdale testifies that you can see the difference in pets fed the way that nature intended: they look contented, they enjoy gnawing away at bone and sinew (which is great for their teeth and gums), and they're trim, taut and healthy (he includes some cute photos to show what he means).

Pet owners can gain a benefit, too, from seeing their pets in top shape, from not having to pay veterinarian bills and from stepping off "the commercial merry-go-round of the junk pet-food industry".

If you haven't yet switched your pet to raw meaty bones and carcasses, Dr Lonsdale has all the advice and scientific back-up you need on how to change your pet's eating habits and on how much and how often to feed, depending on the age and size of the animal. He has chapters on non-natural additives and supplements to avoid, on nasty diseases that can be kept in check with the new feeding regime, and on monitoring your pet's dental hygiene and general well-being. He includes a two-week sample menu, tips on "feeding the inner wolf" in your dog, and lots of reference for further research.

You, too, can easily learn how to "work wonders" for your pet.